

PE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception Curriculum Focus	5 fundamental movement skills for Under 5's! Fundamental movement skills are the building blocks for movement that help prepare children for a participation in a wide range of school physical activities, PE and sport. JUMPING THROWING HOPPING RUNNING CATCHING					
	Gymnastics	Gymnastics	Dance	Fundamental Skills	Games skills	Athletics Track and Field Skills
All activities seek to develop the 10 fundamental movement skills – running fast, hopping, skipping, jumping, underarm throw, overarm throw, rolling a ball, bouncing a ball, kicking a ball, catching						
Year 1 Curriculum Focus	Gymnastics	Gymnastics	Dance	Fundamental Skills	Games skills	Athletics Track and Field Skills
Year 2 Curriculum Focus	Gymnastics	Gymnastics	Dance	Fundamental Skills	Games skills	Athletics Track and Field Skills
Year 3 Curriculum Focus	Gymnastics	Gymnastics	Indoor athletics	Invasion Games skills	Net / Striking & fielding games	Athletics Track and Field Skills
Year 4 Curriculum Focus	Gymnastics	Gymnastics	Indoor athletics	Invasion Games skills	Net / Striking & fielding games	Athletics Track and Field Skills
Year 5 Curriculum Focus	Invasion Games skills	Indoor athletics	Dance	Swimming	Net / Striking & fielding games	Athletics Track and Field Skills
Year 6 Curriculum Focus	Invasion Games skills	Indoor athletics	Swimming	Dance / Net game skills	Striking & fielding games	Athletics Track and Field Skills