**LCC Summer Menu** - All menus are planned to comply with School Food Standards. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available every day.

		MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Week 1 Week commencing	Traditional Main Course	Oriental Style Sweet and Sour  Halal Chicken with Noodles and Vegetables  or Non-Halal Chicken & Sweetcorn Meatballs  with Mixed Rice	Puff Pastry Cheese Whirl with Herby Potatoes & Baked Beans (v)	Roast Halal Chicken or Roast Non-Halal Chicken with Roast Potatoes, Seasonal Vegetables & Gravy	Halal Chicken Burger or Non-Halal Booths Beef burger with Tortilla Chips & Vegetable Sticks & Dips	Golden Crumb Fish Fingers with Oven Baked Chips & Garden Peas
28th April 19th May 9th June 30th June 21st July 1st September 22nd September 13th October 3rd November	Alternative Choice	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Vegetable Tikka Curry with Mixed Rice & Naan Bread (v)	Summer Picnic Lunch Choice of Sandwich (Cheese/Tuna Mayo/Ham) with Mini Vegetable Samosa, Tortilla Chips, Vegetable Sticks & Dips	Pasta Tubes & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips & Baked Beans (v)
	Jackets & Sandwiches	Choice of filled Sandwiches (Cheese or Tuna Mayo or Ham) with Tortilla Chips & Vegetable Sticks & Dips	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Choice of filled Sandwiches (Cheese or Tuna Mayo or Ham) with Tortilla Chips & Vegetable Sticks & Dips
	Dessert Choices	Sticky Toffee Cupcake Cooks Choice of Jelly Fruit Yoghurt ~	Vanilla Shortbread & Fruit Wedges Cooks Choice of Jelly Fruit Yoghurt ~	Ice Cream & Dessert Sauce Cooks Choice of Jelly Fruit Yoghurt ~	<b>Mixed Fruit Medley</b> Cooks Choice of Jelly Fruit Yoghurt ~	Chocolate Cookie Cooks Choice of Jelly Fruit Yoghurt ~
		Fruit Selection & Milk  MEAT FREE MONDAY	Fruit Selection & Milk  SUGARWISE TUESDAY	Fruit Selection & Milk WEDNESDAY	Fruit Selection & Milk  SUGARWISE THURSDAY	Fruit Selection & Milk FRIDAY FAVOURITES
Week 2 Week commencing	Traditional Main Course	Vegetarian Sausage Roll with Herby Potatoes & Baked Beans (v)	Non-Halal Chicken Goujons & Dips with Mild Chilli Wedges, Garden Peas & Sweetcorn	Halal Chicken Sausage  or Booths Pork Sausages  with Yorkshire Pudding, Mashed Potatoes, Seasonal Vegetables  & Gravy	Halal Chicken Curry  or Non-Halal Chicken Curry  with  Mixed Rice & Naan Bread	Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas
5th May 26th May 16th June 7th July 28th July 8th September 29th September 20th October	Alternative Choice	Loaded Vegetable & Baked Bean Taco with Rainbow Vegetable Rice (v)	Mac 'n' Cheese with Homemade Crusty Bread & Mixed Salad (v)	Spaghetti Arrabbiata with Homemade Dough Balls & Salad Selection (v)	Homemade Cheese Flan with Baby Potatoes & Mixed Salad (v)	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Jackets & Sandwiches	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Choice of filled Sandwiches (Cheese or Tuna Mayo or Ham) with Tortilla Chips & Vegetable Sticks & Dips	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Choice of filled Sandwiches (Cheese or Tuna Mayo or Ham) with Tortilla Chips & Vegetable Sticks & Dips
	Dessert Choices	Marble Traybake & Chocolate Sauce Cooks Choice of Jelly Fruit Yoghurt	Lancashire Cheese & Crackers  Cooks Choice of Jelly  Fruit Yoghurt	Raspberry Bun Cooks Choice of Jelly Fruit Yoghurt	Lemon Biscuit & Fruit Wedges  Cooks Choice of Jelly  Fruit Yoghurt  ~	Cocoa Krispie Cake Cooks Choice of Jelly Fruit Yoghurt
		Fruit Selection & Milk	Fruit Selection & Milk	Fruit Selection & Milk	Fruit Selection & Milk	Fruit Selection & Milk
		MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
Week 3 Week Commencing	Traditional Main Course	Halal Chicken Sausage Hot Dog or Booths Pork Sausage Hot Dog with Tomato Ketchup Potato Wedges Garden Peas & Sweetcorn	Golden Crumb Salmon Fingers with Paprika Potatoes & Mixed Vegetable Medley	Roast Halal Chicken or Roast Non-Halal Chicken with Roast Potatoes, Seasonal Vegetables & Gravy	Quorn Spaghetti Bolognaise or Beef Spaghetti Bolognaise Homemade Dough Balls & Salad Selection (v)	Golden Crumb Fish Fingers with Oven Baked Chips & Garden Peas
21st April 12th May 2nd June	Alternative Choice	Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Loaded Pizza Panini with Tortilla Chips & Vegetable Sticks & Dips (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Summer Picnic Lunch Choice of Sandwich (Cheese/Tuna Mayo/Ham) with Mini Vegetable Samosa, Tortilla Chips, Vegetable Sticks & Dips	Homemade Pizza Margherita with Oven Baked Chips & Baked Beans (v)
23rd June 14th July 15th September 6th October	Jackets & Sandwiches	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Choice of filled Sandwiches (Cheese or Tuna Mayo or Ham) with Tortilla Chips & Vegetable Sticks & Dips	Oven Baked Jacket Potato with filling (beans and/or cheese/tuna mayo) with Freshly Prepared Salad Selection	Choice of filled Sandwiches (Cheese or Tuna Mayo or Ham) with Tortilla Chips & Vegetable Sticks & Dips
27th October	Dessert Choices	Oaty Biscuit & Fruit Wedges  Cooks Choice of Jelly  Fruit Yoghurt	Mixed Fruit Medley Cooks Choice of Jelly Fruit Yoghurt ~	Cooks Choice of Mousse Cooks Choice of Jelly Fruit Yoghurt	Chocolate Shortbread & Fruit Wedges  Cooks Choice of Jelly  Fruit Yoghurt  ~	Summer Treat Dessert Cooks Choice of Jelly Fruit Yoghurt
		Fruit Selection & Milk	Fruit Selection & Milk	Fruit Selection & Milk	Fruit Selection & Milk	Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Healthier Families campaign.