

St Gabriel's C. E. Primary School

Interim School Lunch Menu – Autumn 2020

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Salmon Fillet Nibbles Wrap and Salad	Pasta Salad with Tomato and Basil Sauce and Garlic Bread	Margherita Pizza with Oven Baked Chips and Salad	Chicken or Quorn Fillet with Gravy, Roast Potatoes and Seasonal Vegetables	Battered Fish with Oven Baked Chips and Peas
Sandwich Option	Tuna/Cheese/Egg Sandwich & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich with Chips & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich with Chips & Crunchy Salad Sticks
Dessert Choices	Gingerbread Man Low Fat Yoghurt Fresh Fruit Selection	Raspberry Bun Low Fat Yoghurt Fresh Fruit Selection	Flapjack Low Fat Yoghurt Fresh Fruit Selection	Melting Moment Oaty Biscuit Low Fat Yoghurt Fresh Fruit Selection	Fruit Cocktail Low Fat Yoghurt Fresh Fruit Selection

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Jacket Potato with Cheese or Beans	Cheese Flan with Oven Baked Chips and Salad	Veggie Curry with Rice and Naan Bread	Tomato and Mascarpone Pasta with Garlic Bread	Butchers 'Hot Dog' Sausage or Veggie Burger in a Bun with Oven Baked Chips
Sandwich Option	Tuna/Cheese/Egg Sandwich & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich with Chips & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich & Crunchy Salad Sticks	Tuna/Cheese/Egg Sandwich with Chips & Crunchy Salad Sticks
Dessert Choices	Gingerbread Man Low Fat Yoghurt Fresh Fruit Selection	Raspberry Bun Low Fat Yoghurt Fresh Fruit Selection	Flapjack Low Fat Yoghurt Fresh Fruit Selection	Melting Moment Oaty Biscuit Low Fat Yoghurt Fresh Fruit Selection	Fruit Cocktail Low Fat Yoghurt Fresh Fruit Selection

Please note: meat options are **not** halal.